

## Potholder Instructions

Canyon Quilters Philanthropy Project, August 2021

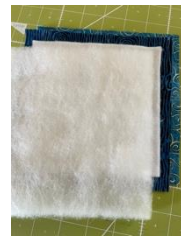
These instructions are based on information gathered from [www.marymarthamama.com](http://www.marymarthamama.com) and Sherri McConnell on [www.AQuiltingLife.com](http://www.AQuiltingLife.com).

**Materials** Needed (included in kit or from home stash if not using kit)

- 2 squares of cotton fabric measuring 6½" square in matching or complementary colors
- 1 square of Insulbrite insulating batting measuring 6½" square
- 1 square of cotton batting measuring 6½" square
- Coordinating thread

### Instructions

1. Take one of the fabric squares and lay it down right side up. Lay the other cotton square on top of this, with the right side down. Then top it with the Insulbrite square. Finally, add the cotton batting square.

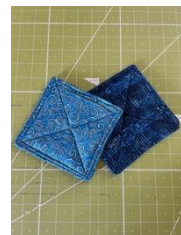


2. Pin everything in place, leaving a 2-3 inch opening on one side.



3. Sew along the edge of the stack, sewing ½ Inch from the edge. Trim corners and, if necessary, trim batting close to seam line.

4. Use the opening to turn the potholder right side out. Iron it flat, then sew around the potholder about 3/8 inch from edge and add a second topstitch between the first row and the edge.



5. Quilt the center of the potholder. Do something simple such as the X in the illustration, or use your creativity to practice free motion quilting in a fun pattern of your choice!

**Tips** for better results:

- Use a walking foot while quilting. With so many layers, fabric tends to shift and a walking foot will help minimize that.
- If desired, a second layer of Insulbrite can be used in place of the cotton batting.